



Dear Senior Food Distribution Participant,

Unfortunately, the Tuesday and Thursday food distributions provided by the Baltimore County Department of Aging **will be ending on December 23, 2020**, as our funding to purchase meal boxes has been exhausted. Listed below are resources in Baltimore County that you may want to investigate if you are in need of food or other services for yourself or your family.

BALTIMORE COUNTY FOOD RESOURCES FOR SENIORS: MAP 410-887-2594

Maryland Access Point (MAP)

If you are unable to afford or travel to get food, seniors can call the Maryland Access Point at 410-887-2594 to discuss options. Calls are answered by a team of Certified Information and Referral Specialists (CIRS), Monday through Friday, between the hours of 8:30 a.m. and 4:30 p.m.

You can also visit <https://www.baltimorecountymd.gov/covid-19/food-resources> to view an interactive map of food resources and distributions for all ages in Baltimore County.

GENERAL COMMUNITY RESOURCES

- **Maryland Food Bank Food Locator:** <https://mdfoodbank.org/findfood>
- **Community Assistance Network (CAN) Food Pantry, Shelter, Case Management:** 410-285-4674 or <https://www.canconnects.org/>
- **Salvation Army, Family Services:** https://www.needhelppayingbills.com/html/salvation_army_maryland_financ.html
- **Benefit Eligibility Specialists:** Free screening and application assistance for a variety of benefits, including: Food Supplement Assistance (SNAP), Energy/Utility Assistance and information about many other community resources. Call:
 - 1) Community Assistance Network - 410-285-4674
 - 2) Maryland Benefits Trust - 1-855-444-4998
 - 3) Maryland Hunger Solutions - 1-866-821-5552

COVID RESOURCES

COVID-19 Hotline – 410-887-3816

In addition to 3-1-1, the Baltimore County Department of Health has opened a hotline for residents to call with questions or concerns regarding COVID-19. The number is 410-887-3816. Hours of operation are:

Monday – Saturday, 8:30 a.m. – 4:30 p.m. and Sunday, 8:30 a.m. – 2:00 p.m.

Baltimore County residents can now quickly and easily reserve a slot online for free COVID-19 testing by visiting Baltimore County's website at

<https://www.baltimorecountymd.gov/covid-19/testing>

Baltimore County Bureau of Behavioral Health HELP Line: Call 410-887-3828 to speak to a Social Worker for information about, and referral to, behavioral health services. Days and hours of operation: Monday through Friday, 8:30 a.m. – 4:30 p.m.

Free Flu Shots

The Baltimore County Department of Health is offering free flu vaccinations by appointment at six locations around the County (Eastern Family Resource Center, Essex Health Center, Hannah More Health Center, Highlands-Lansdowne Center, Liberty Family Resource Center and Woodlawn Health Center). Appointments can be scheduled online (<https://www.marylandvax.org/>). For persons without internet access, appointments can be made by telephone at 410-887-3816. The vaccine is available for persons 6-months and older.

The Department of Health does not have the high dose flu shot recommended for those 65 years of age and older. These should be obtained from your physician or at a local pharmacy.

HOLIDAY RESOURCES 2020

- **Community Action Center:** Free Christmas, Thanksgiving, and holiday food baskets for the entire family. Several locations around the city and county. 5225 York Road, Baltimore, MD, 21212 (410-396-6084).
- **New Psalmist Baptist Church:** Food baskets and toys for children ages 18 and under. Eligible families must reside in Baltimore City or County. You must have at least one child or one senior (age 60+) or one dependent/disabled adult in the home to qualify. Call 211 to be screened for eligibility and registration for this program.

