



Baltimore County Department of Aging
2022 5K Run/Walk • 1 Mile Walk

"Stepping into a Brighter Tomorrow!"

Race proceeds support BCDA's wellness programs for older adults

Sunday, September 18, 2022 • 8 a.m.

CCBC Essex Campus • 7201 Rossville Blvd., Baltimore, MD 21237

**Roads close at 8 a.m.,
Warm-Up is at 8:15 a.m.,
and 5K begins at 8:30 a.m.**



Baltimore County Executive John A. Olszewski, Jr.
and the County Council



Register at www.getreadygetsetgetfit5k.com or call 410-887-2040.

**Show Your Cockeysville Senior Center
PRIDE!**

**Sign up for the Run/Walk Event
on line or at the center**

**All those who register will be entered into a
raffle for a**

\$25 gift card to Olive Garden

Lets Go Cockeysville Cubs!